

Program

# Hip Symposium Bern

April 20–22, 2023

Host: Prof. Klaus A. Siebenrock,  
University of Bern and distinguished  
international faculty



Copyright Bern Tourismus

**Pre course: April 19, 2023**

Organisation: Prof. Moritz Tannast,  
University of Fribourg

We are extremely excited to host the Hip Symposium Bern 2023 on April 20<sup>th</sup> – 22<sup>nd</sup> on site and in person again. On April 19<sup>th</sup> a pre-course is held to teach basics and to offer hands-on anatomy demonstration.

There will be 34 renowned hip experts from all over the world covering 14 sessions. Topics will include newest diagnostic MRI with 3D image animation techniques, the latest knowledge about hip joint preservation techniques and research as well as challenges around complex THA surgery in young patients.



A key session will focus on future technologies like augmented reality, AI and robotics. Further highlights include a live commented surgery (pre-recorded) and two video sessions about essential technical steps in hip surgery.

It is an unique privilege for me to announce that our guest of honor will be Richard Santore from the UCSD Department of Orthopaedic Surgery in San Diego, USA. He owns world-wide highest reputation and will share his outstanding expertise with us. During the longer breaks anatomy demonstrations (cadaver) and, for the first time, industry symposia will be organized. **Welcome to Bern!**



Klaus Siebenrock

University of Bern, Department of Orthopaedic Surgery and Traumatology

# Scientific Program Pre course

Wednesday, April 19<sup>th</sup>, 2023 (morning devided into two groups)

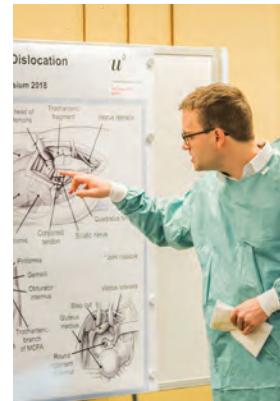


<b>Opening</b>	Sitem Insel, Felix Frey Lecture Hall, EO.211 08:00h – 08.10h	Moderation M. Tannast
10'	Hello people – Introduction	M. Tannast
20'	Bloody hell – How does the blood supply to the hip work?	M. Tannast
<b>Session I</b>	<b>Sitem Insel, Felix Frey Lecture Hall, EO.211 PREOPERATIVE EVALUATION</b>	Moderation M. Millis
	Group 1 – 08:30h – 10:10h	
	Group 2 – 10:30h – 12:10h	
10'	How are you doing – What do I need to ask the patient?	L. Büchler
30'	Keep in touch – Clinical examination (patient demonstration)	S. Steppacher/ M. Tannast
20'	Black or white – Systematic evaluation of conventional radiography	M. Hanke
20'	Miss the forest for the trees – MRI and intraoperative correlation	F. Schmaranzer
20'	I don't get it right – Questions and answers	all
<b>Session II</b>	<b>Wet lab CATR ANATOMY</b>	
	Group 2 – 08:30h – 10:10h	
	Group 1 – 10:30h – 12:10h	
10'	Transfer to Wet lab CATR	
80'	Demos 1 – 8	
10'	Transfer back to Auditorium	
<b>10:10h</b>	<b>Coffee break</b>	
<b>11:45h</b>	<b>Lunch break</b>	

## Scientific Program Pre course

Wednesday, April 19<sup>th</sup>, 2023, afternoon, Felix Frey Lecture Hall, EO.211

TREATMENT		Moderation
<b>Session III</b>	<b>13:00h – 14:15h</b>	D. Griffin
15'	How it works: Pathomechanisms of the hip	M. Tannast
15'	What to do: Cam-impingement	S. Steppacher
15'	What to do: Pincer-impingement	K. Siebenrock
15'	What to do: Torsion	V. Stetzelberger
15'	Back to life: A systematic overview on the results of joint-preserving hip surgery	C. Zurmühle
<b>14:15h</b>	<b>Coffee break</b>	
CASE DISCUSSIONS		Moderation
<b>Session IV</b>	<b>14:45h – 16:30h</b>	M. Tannast
105'	The classics: Case demonstrations	all
5'	Closing remarks	M. Tannast



# Scientific Program Hip Symposium Bern

Thursday, April 20<sup>th</sup>, 2023



08:50h	Opening remarks	K. Siebenrock
Session I	BASICS / DIAGNOSTICS 09:00h – 10:20h	Chair: P. Beaulé, M. Tannast
12'	Trochanteric anatomy and "Normal Radiographic" FAI	I. Zaltz
12'	Acetabular rim fractures demographics and unanswered therapeutic questions	M. Millis
12'	MRI in hip joint preservation	H. Potter
12'	Can dgEMRIC/MRI morphology predict failure of PAO in patients over 40 years of age?	Y. Kim
12'	Automatic 3D-MRI hip segmentation – the future?	S. Steppacher
10:20h	Coffee break	
Session II	HIP IMPINGEMENT / DDH 10:50h – 12:10h	Chair: R. Sierra, S. Steppacher
12'	Treatment of subspine impingement	O. Marin-Pena
12'	Effect of hip translation on hip impingement	Y. Kim
12'	Is PAO in "borderline" dysplasia justified?	J. Clohisy
12'	What is the value of the pre-operative MRI in patients undergoing hip arthroscopy at the time of the PAO?	P. Beaulé
12'	Are there changes in the sagittal alignment of the lumbosacral spine after PAO using EOS evaluation?	E. Sink
12:10h	Lunch break / Industry lunch symposium and anatomy demonstration (Cadaver)	

## Scientific Program Hip Symposium Bern

### VIDEO SESSION 1

#### ESSENTIAL SURGICAL STEPS IN HIP JOINT PRESERVATION

**Session III 13:40h – 15:00h**

Chair: K. Siebenrock, K. Günther

8'	Proximal femoral osteotomy	K. Günther
8'	Hip arthroscopy	D. Griffin
8'	Surgical hip dislocation	M. Beck
8'	Relative femoral lengthening	M. Tannast
8'	Femoral neck osteotomy	P. Rego
8'	PAO for acetabular retroversion	K. Siebenrock
15:00h	Coffee break	



### HIP JOINT PRESERVATION: TREATMENT OUTCOME

**Session IV 15:30h – 16:50h**

Chair: H. Nötzli, I. Zaltz

12'	A quantitative fluoroscopic tool improves acetabular fragment positioning in PAO	C. Peters
12'	Long-term (15-year) results of surgical hip dislocation: the gender gap	H. Nötzli
12'	Outcomes of surgical hip dislocation in the arthroscopic era	E. Sink
12'	Hip arthroscopy with and without femoral osteochondroplasty	J. Nepple
12'	Does hyperlaxity compromise our results?	R. Santore

16:50h Short break

### PANEL CASE DISCUSSION

**Session V 17:00h – 18:00h**

Moderator: M. Tannast

60'	Panel case discussion	J. Clohisy
		K. Siebenrock
		R. Santore
		H. Nötzli
		M. Millis
		P. Rego
		E. Sink

19:15h Social dinner in Kornhauskeller for all participants and faculty

# Scientific Program Hip Symposium Bern

Friday, April 21<sup>th</sup>, 2023



LIVE COMMENTED HIP SURGERY			Moderators:
Session VI	08:00h – 10:30h	K. Siebenrock, M. Tannast, S. Steppacher	
150'	Live commented hip surgery		K. Siebenrock
10:30h	Coffee break / Anatomy demonstration (Cadaver)		
CHILDHOOD PATHOLOGIES			Chair: Y. Kim, M. Beck
Session VII	11:10h – 12:30h		
12'	Acetabular deformity following slipped capital femoral epiphysis		M. Millis
12'	Hip morphology in patients with SCFE – a MRI analysis		K. Günther
12'	Sub-capital reorientation for SCFE with a minimum FU of 40 months		P. Rego
12'	Long-term results in grossly unstable capital slips		K. Siebenrock
12'	The rationale and results of transtrochanteric rotational osteotomy		T. Yamamoto
12:30h	Lunch break / Industry lunch symposium and anatomy demonstration (Cadaver)		
GUEST OF HONOR SPEECH			
Session VIII	14:00h – 14:30h		Introduction: K. Siebenrock
20'	The keys to happiness in life and career, what really matters?		R. Santore

## Scientific Program Hip Symposium Bern

### KEY SESSION: A GLIMPSE INTO THE FUTURE

**Session IX** 14:30h – 16:10h Chair: K. Siebenrock, C. Peters

- |        |  |            |
|--------|--|------------|
| 12'    | 3D-printed individual hip implants –<br>a 10-year experience                           | T. Gehrke  |
| 12'    | PAO: Reorientation with templates  | T. Ellis   |
| 12'    | Handheld navigation for THA thru posterior approach:<br>Combined anteversion technique | R. Sierra  |
| 12'    | Augmented reality navigation in primary direct<br>anterior approach THA                | M. Taunton |
| 12'    | The future of mixed reality guidance for acetabular<br>redirection surgery             | S. Murphy  |
| 12'    | Computer assisted THA: The value proposition   | F. Haddad  |
| 16:10h | Coffee break   |            |



### COMPLICATIONS

**Session X** 16:40h – 17:30h Chair: R. Santore, J. Clohisy

- |     |  |            |
|-----|--|------------|
| 12' | Complications of hip arthroscopy & how to solve<br>them                | D. Griffin |
| 12' | PAO: Subsequent hip arthroscopy:<br>Should we be looking in the joint? | C. Peters  |
| 12' | Management of pubic nonunions after PAO                                | I. Zaltz   |

### A GLIMPSE INTO THE PAST

**Session XI** 17:30h – 18:30h Chair: K. Siebenrock

- |     |                         |                      |
|-----|-------------------------|----------------------|
| 60' | A glimpse into the past | K. Siebenrock et al. |
|-----|-------------------------|----------------------|

# Scientific Program Hip Symposium Bern

Saturday, April 22<sup>nd</sup>, 2023



## THA IN YOUNG AND COMPLEX CASES

Session XII	08:00h – 09:50h	Chair: T. Gehrke, L. Zagra
12'	THA without subtrochanteric osteotomy in DDH using a cementless custom stem in young patients	J. Argenson
12'	Prevention of PJI/SSI: My ten step approach	J. Parvizi
12'	Use of MRI in THA	H. Potter
12'	Evolution in pre-op planning – the 3 <sup>rd</sup> dimension	L. Milne
12'	Results of mixed reality guidance for total hip arthroplasty	S. Murphy
12'	THA in high dislocations due to DDH – challenges	M. Tokgözoglu
12'	What is the optimal bearing surface for the very young patient?	L. Zagra
09:50h	Coffee break	

## VIDEO SESSION 2

### ESSENTIAL TECHNICAL STEPS IN HIP JOINT REPLACEMENT SURGERY

Session XIII	10:10h – 11:30h	Chair: M. Tokgözoglu, S. Murphy
8'	THA: posterior approach	R. Sierra
8'	THA: anterolateral approach	H. Nötzli
8'	Bilateral THA – Direct anterior approach	J. Parvizi
8'	Femoral shortening in high hip dislocation	L. Zagra
8'	Cup positioning in THA for DDH	P. Beaulé
8'	Dual mobility cup insertion	J. Clohisy
11:30h	Coffee break	

## Scientific Program Hip Symposium Bern

### THA IN THE YOUNG – RESULTS

Session XIV 11:50h – 13:00h

Chair: R. Sierra, J. Parvizi

12'	THA after PAO: Impact on clinical outcome?	J. Clohisy
12'	THA in teenagers	T. Gehrke
12'	SIRIS data on THA in young patients	M. Beck
12'	Hip replacement in the young population, data from registries	M. Mohaddes
13.00h	Closing remarks	K. Siebenrock



# Faculty Members 2023



## Faculty Members Pre Course

**HANKE Markus, MD**

University of Bern, Inselspital,  
Bern, CH

**SCHMARANZER Florian, MD**

University of Bern, Inselspital,  
Bern, CH

**STETZELBERGER Vera, MD**

University of Fribourg,  
Fribourg, CH

**ZURMÜHLE Corinne, MD**

University of Fribourg,  
Fribourg, CH

## Faculty Members Hip Symposium

**ARGENSON Jean-Noël, MD**

Department of Orthopaedic Surgery,  
University of Marseille,  
AP-HM Hôpital Sainte Marguerite,  
Marseille, FR

**BASTIAN Johannes D., MD**

University of Bern, Inselspital,  
Bern, CH

**BEAULE Paul, MD**

University of Ottawa,  
Ottawa, CA

**BECK Martin, MD**

Orthopädische Klinik Luzern,  
Luzern, CH

**BÜCHLER Lorenz, MD**

Kantonsspital Aarau,  
Aarau, CH

**CLOHISY John C., MD**

Washington University Orthopedics,  
St. Louis, US

**ELLIS Thomas, MD**

Orthopaedic Surgery, orthopaedic ONE,  
Dublin, US

**GEHRKE Thorsten, MD**

Helios ENDO Klinik Hanburg,  
Hamburg, DE

**GRIFFIN Damian, MD**

Warwick Medical School,  
Warwick, GB

**GÜNTHER Klaus-Peter, MD**

Universitätsklinik Dresden,  
Dresden, DE

**HADDAD Fares, MD**

University College London Hospitals,  
London, UK

**KIM Young-Jo, MD**

Harvard Medical School,  
Boston, US

**MARIN-PENA Oliver, MD**

Orthopaedic Surgery and  
Traumatology Department,  
University Hospital Infanta Leonor,  
Madrid, ES

**MILLIS Michael, MD**

Harvard Medical School,  
Boston, US

**MOHADDES** Maziar, MD  
Sahlgrenska University Hospital,  
University of Gothenburg,  
Gothenburg, SE

**MURPHY** Stephen, MD  
New England Baptist Hospital,  
University School of Medicine,  
Boston, US

**NEPPLER** Jeffrey, MD  
Washington University  
Washington, US

**NÖTZLI** Hubert, MD  
Orthopädie Sonnenhof,  
Bern, CH

**PARVIZI** Javad, MD  
Rothman Institute,  
Philadelphia, US

**PETERS** Christopher L., MD  
University of Utah,  
Salt Lake City, US

**POTTER** Hollis, MD  
Department of Radiology / Imaging,  
Weill Medical College of Cornell  
University, HSS,  
New York, US

**REGO** Paulo, MD  
Hospital da Luz,  
Lisbon, PT

**SANTORE** Richard, MD  
University of California,  
San Diego, US

**SIEBENROCK** Klaus, MD  
University of Bern, Inselspital,  
Bern, CH

**SIERRA** Rafael J., MD  
Mayo Clinic,  
Rochester, US

**SINK** Ernest L., MD  
Hospital for Special Surgery,  
New York, US

**STEPPACHER** Simon, MD  
University of Bern, Inselspital,  
Bern, CH

**TAUNTON** Michael, MD  
Department of Orthopedic Surgery,  
Mayo Clinic,  
Rochester, US

**TANNAST** Moritz, MD  
University of Fribourg,  
Fribourg, CH

**TOKGÖZOGLU** A. Mazhar, MD  
Hacettepe University,  
Ankara, TR

**YAMAMOTO** Takuaki, MD  
Department of Orthopaedic Surgery,  
University of Fukuoka,  
Fukuoka, JP

**ZAGRA** Luigi, MD  
IRCCS Galeazzi Orthopaedic Institute,  
Milan, IT

**ZALTZ** Ira, MD  
Oakland Orthopaedic Surgeons,  
Detroit, US



# Information



## Credits

Hip Symposium Bern

Certified by swiss orthopaedics with 16 credit points for the whole congress.

Pre course

Certified by swiss orthopaedics with 8 credit points

## Registration

Registration will be confirmed **after** payment receipt only

**Register ONLINE:** [www.hip-symposium-bern.ch](http://www.hip-symposium-bern.ch)

**For congress and social evening:**

**Viva Management GmbH**

Kramgasse 16

CH-3011 Bern

Phone +41 (0)31 311 74 34

[hip23@viva-management.ch](mailto:hip23@viva-management.ch)

**More information**

[www.hip-symposium-bern.ch](http://www.hip-symposium-bern.ch)

## Fees

**Pre course**

CHF 150.–/assistant surgeons CHF 130.–

**Pre course und Hip Symposium Bern**

CHF 650.–/assistant surgeons CHF 500.–

## Fee Hip Symposium Bern

**Whole congress**

CHF 560.–/assistant surgeons CHF 420.–

**Thursday or Friday (one day)**

CHF 250.–/assistant surgeons CHF 200.–

**Saturday (half day)**

CHF 140.– / assistant surgeons CHF 120.–

**Thursday, only Social Dinner**

CHF 95.– per person

## Housing

BERN WELCOME

Amthausgasse 4, 3011 Bern, Switzerland

Phone +41 (0)31 328 12 12, info@bern.com

More information about Bern? Please visit [www.bern.com](http://www.bern.com)

## Venue

Pre course

Swiss Institute for Translational and Entrepreneurial Medicine, Sitem Insel,  
Freiburgstrasse 3, 3010 Bern, Felix Frey Lecture Hall, ground floor, EO.211

Hip Symposium Bern

**Inselspital Bern, Entrance Children Hospital «Kinderspital» 31B  
Auditorium «Ettore Rossi», 3010 Bern ([www.insel.ch](http://www.insel.ch))**



## Journey

- Direct train connections from Airports Zurich and Geneva to Bern
  - 20 minutes from Airport Bern-Belpmoos (shuttlebus and taxi)
  - 5 minutes by bus from main train station (bus no 12 direction «Holligen», bus stop «Inselplatz»)
  - 2 minutes from highway exit A1 (Bern-Forsthaus / Inselspital)

Insel-Parking 800 meters from highway exit A1 (Bern-Forsthaus / Inselspital)  
No longterm parking on the hospital grounds. For further information please contact the information desk of the hospital (main entrance).



**Hip Symposium Bern**

April 20–22, 2023

**Venue:**

Auditorium Ettore Rossi,  
Children Hospital, Inselspital,  
3010 Bern

e-mail: [info@hip-symposium-bern.ch](mailto:info@hip-symposium-bern.ch)

[www.hip-symposium-bern.ch](http://www.hip-symposium-bern.ch)

**Pre course**

Wednesday, April 19, 2023

**Venue:**

Sitem Insel  
Freiburgstrasse 3  
3010 Bern



**Sponsors**

